

# SPORTS

## Lesson Plan: Adaptive Sports Brochure

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**Objective:** Students will illustrate how people with disabilities have many accomplishments in recreational and competitive athletics. Students will discuss how adaptations have been made to encourage and increase the involvement of people with disabilities in athletics.

**Materials:** Adaptive Sports and Recreational Games Packet – in Teacher Resource Section  
Art supplies  
Brochure Worksheet  
Website pages

**Vocabulary:**

amateur	quadriplegic
assumption	Spina bifida
Paralympics	

**New York State Learning Standards:**

MST Standard 3: Mathematics  
ELA Standard 1: Language for Understanding  
ELA Standard 4: Language for Social Interaction  
Arts Standard 1: Creating, Performing and Participating  
SS Standard: History of the United States and New York

**Procedure:**

1. The teacher should view the Sports section of the Society wing of the website for background information.
2. Selections from the website can be viewed by the students online or copies of those pages can be printed for student use.
3. After students have examined the website or website pages, ask the class to list some accomplishments of people with disabilities in athletic endeavors including organizations, events and tournaments.
4. Using the website, website pages and the Adaptive Sports and Recreational Games packet, have students identify adaptive devices and rules which encourage the participation of people with disabilities in sports and athletics. Share with the class.
5. Using the website or website pages, identify important events and tournaments which involve people with disabilities.
6. With students, list the major league and professional athletes who have disabilities.
7. Break the class into pairs. Students will design a brochure highlighting a specific tournament, event or athlete. Students will use the Brochure Worksheet to design their own brochures.
8. Share brochures with class and display them at local Special Olympics if possible.

**Closure/Ticket out the door:** What admirable trait do these athletes exhibit?

Name: \_\_\_\_\_



### Brochure Worksheet

Directions: Examine the role of sports in the lives of people with disabilities. Use this worksheet to organize the information for your brochure. Design and create a brochure highlighting tournaments, events and athletes. Summarize the information using pictures, graphics and qualitative, as well as, quantitative information. The brochure may have the following sections or a separate brochure could be made for each category.

Special Olympics	Special Athletes
Tournaments	Adaptive Sports and Games